

REVERSED MIRROR TECHNIQUE

To protect yourself you must remember two principles: (1) never believe that you will be harmed by anything or anybody, because **you are ageless, eternal Soul**; and (2) practice fearlessness by never being afraid of anything or letting the imagination run wild by imagining something happening to your body to harm it.

Three techniques for self-protection are: (1) place a reversed mirror in front of you, which the adversary's psychic self can see but cannot withstand; (2) place a white light around yourself; and (3) start talking in a normal voice, telling your adversary that he isn't acting according to the laws of human decency.

—Sri Harold Klemp

**Control your
imagination.**
