## **CAUSES OF PSYCHIC ATTACKS**

*Q*: People have told me about severe problems with psychic attacks from "astral witches" and also from other people. Are these psychic irritations or excuses for problems in life? Or are these real attacks by real people? What should I tell these people?

A: It's tempting to want to do more to help people in need. The truth, however, is that you cannot save them from themselves.

Fear makes us susceptible to invasion by unwelcome forces, such as the psychic attacks described by some people. Fear has many faces. It may be a fear of not being loved. To compensate, the individual will toss aside all discrimination as to the choice of friends in the outer life. This lack of discrimination also carries over to the inner life. Doors there open, then, to psychic attacks.

Another fear may be fear of loss. So the individual clamps on to material goods and relationships long past their natural cycle. To explain, it means to hang on to something after it has become harmful or painful beyond limits.

These two examples show attachment. It is one of the five passions of the mind.

So what do you do?

Encouraging the person to sing *HU*, the love song to God, will strengthen the force of love in him. Love, in time, dispels fear. Healing will follow.

The psychic attacks are real, but the entities may or may not be the imagined "other people." On the Astral level, the power of imagination is stronger than here. So an entity can easily mock up the appearance of someone the individual hates, fears, or doesn't want to lose.

It's a face-saving measure. Now the person has an excuse to refuse responsibility for his own poor choices, passions, or indecision.

Again, what do you do?

Understand that all healing comes from the ECK, which works in Its own time, place, and way. Nothing will, or can, be done unless changes first occur within the individual's own state of consciousness.

You can suggest the person seek help from a professional counselor if there is a serious imbalance or see a doctor to check out possible health problems. Speak and act with love, but do not get caught up in the other's physical, emotional, or mental problems.

-Sri Harold Klemp

Fear makes us susceptible.