

A Year of Spiritual Exploration

Wisdom, Love, and Freedom for You!



Here's an overview of the first twelve months of advanced spiritual study with *The Easy Way Discourses*, by Harold Klemp.

1. The Easy Way

Discover how key moments in your life have brought you to where you are. See past-life reasons for today's challenges. ♦ *A technique to meet the MAHANTA in full awareness*

2. In Soul You Are Free

Experience yourself as Soul, made in God's image. Discover the wonder of Soul Travel. ♦ *An easy technique to try for Soul Travel*

3. Dream On, Sweet Dreamer

Do you remember your dreams? Explore the inner God Worlds and new realms of consciousness. ♦ *A technique for dream travel*

4. Karma—It All Comes Back in the End

What's the difference between karma and sin? Recognize how karma plays out in your own life. ♦ *A technique for Soul Travel to the Causal Plane*

5. Reincarnation—Why You Came to Earth Again

What happens when we die? Discover your true identity, and overcome the fear of death. ♦ *A technique to glimpse a past life*

6. Your Initiations in ECK

What happens during an ECK initiation? Learn how initiation helps you shed your karmic load. ♦ *A technique to open your heart to greater love for God and prepare for a future initiation*

7. The Master Principle

Who are the ECK Masters? How do they help you? Explore the blending of the human and the divine. ♦ *A technique to meet some of the ECK Masters*

8. Can We Live in a World without Love?

Discover true spiritual living and the path of love. Listen for the whisperings of Spirit. ♦ *A technique to zero in on divine love*

9. The God Worlds—Where No One Has Gone Before?

Explore Golden Wisdom Temples with ECK Masters. Get insights on how emotions influence you. ♦ *A technique to move ahead spiritually by learning to cope with emotions*

10. Ask the Reason, Say BeCAUSE

What is true spiritual healing? Explore the Causal Plane, and gain confidence by being cause in your life. ♦ *A technique to ask the MAHANTA for help or healing in your dreams*

11. Mind Stuff and the Art of Listening

Discover how the ECK teachings differ from other paths. Do you have questions about heaven? ♦ *A technique to practice the art of listening to your loved ones*

12. Putting It All Together

Accept a richer spiritual life, and awaken your creative imagination. Achieve a higher state of consciousness. ♦ *The Invisible Sword technique for protection and comfort*

♦ Each month you will explore a new lesson and practice a new technique to revitalize your spiritual life!



Also available online

As you study the teachings of ECK, you will experience a series of changes in your heart and mind—changes that bring more love, joy, and purpose into your life.

“Eckankar has offered me a life of purpose and meaning beyond anything I could have imagined. —SA

“I always knew I loved God, but until Eckankar, I never knew how much God loved me. —DJ

“You have put everything I want to know and had been looking for since I was born into The Easy Way Discourses. —AO

“The world never made sense to me, and now I see the beauty in it all. Eckankar is the ballast I have sought and finally found. —DK

“Finding Eckankar is like waking from a dream and seeing reality for the first time. I never want to go back. —ZS